# Hope for the Brokenhearted

Psalms 34:18; 147:3 (NIV)

- Psalm 34:18: The Lord is close to the brokenhearted and saves those who are crushed in spirit.
- Psalm 147:3: He heals the brokenhearted and binds up their wounds.

## Introduction:

- 1. The testimony of Mrs. Christiaan Barnard
- 2. The volume of Billy Graham—Hope for the Troubled Heart

### I. CAUSES of a Broken Heart

- A. Inflicted by SELF—Matthew 26:75 (Peter)
- B. Inflicted by OTHERS—Genesis 36-50 (Joseph)
- C. Inflicted by CIRCUMSTANCES (beyond our control)—2 Corinthians 4:8a (Paul)

#### II. CURES of a Broken Heart

- A. Acknowledge REALITY—John 16:33 "in the world you will have trouble"
- B. Share with Dependable FRIENDS—Proverbs 17:17, 18:24 "a friend loves at all times"
- C. Trust in GOD (see 2 texts above)—2 Timothy 4:17-18
  - "the Lord stood by my side" (v.17)
  - "the Lord will rescue me" (v. 18)

Unless you have within you the One who is above you you can be destroyed by that which is around you.

## III. CONSEQUENCES (Good) of a Broken Heart

- A. Brokenness Can Produce USEFULNESS
  - Broken Alabaster Box/Jar—Mark 14:3-6
  - Broken Lad's Lunch—John 6:8-11
  - Broken Body of Jesus—Luke 22:19
- B. Brokenness Can Produce OPENNESS
  - To the Love of God
  - To the Salvation of God